



Summer 2010 / In this Issue:

Body Contouring

Laser Genesis

Hair Removal

Hormone Replacement



Calgary Vein & Laser offers you a holistic approach to the treatment of venous diseases and aesthetic medicine in a state of the art facility. We look at our patients' overall health and lifestyle and then complement their therapies with practical advice on enhancing health and slowing down aging. Referrals are not required.

Dr. Lilly Wouters and Dr. Ron Young established Calgary Vein & Laser in 1993. They use leading edge laser equipment and the newest medical technology to achieve gentle, precise results. The doctors' work is supported by a team of talented nurses and technicians, for the very best in patient care and support - before, during and after all procedures.

UltraShape Offers Precision Body Contouring

Have you tried dieting and exercise, but are still unable to lose the last few pounds?

An exciting new body contouring device could help.

The UltraShape device can remove about one quarter the amount of fat that can be addressed in a single liposuction treatment, offering the targeted removal of much smaller, controlled amounts of fat than with current procedures. Many in the industry believe that the system represents the most effective non-invasive body shaping technology currently available.

UltraShape utilizes ultrasonic waves operating at a frequency of more than 20 kilohertz to destroy the membrane of fat cells. An integrated transducer that is applied directly to the target area melts up to 500 cubic centimeters of fat in one treatment. The overall effect is removal of 4 to 7cm of fat after three 60 to 90 minute sessions.

The destroyed fat cells flow into the body's intercellular cavity and, within 10 days, are eliminated from the body through its lymphatic and immune systems.

With the UltraShape system, fat reduction is both selective and uniform in the designated area; the device incorporates a safety algorithm that defines the treatment area and prohibits re-treatment of an area that has already been addressed.

As of early 2010, more than 100,000 treatments had been performed on patients in 57 countries. The ideal patient is in moderate to good shape, exercises regularly, compliant with a low fat diet during the treatment regimen, and is not overweight.

To learn more about UltraShape, please visit our website at www.veinlase.com or call our office at 403-252-4410.



As a patient, you will receive the finest quality treatment in a warm and caring environment. By pursuing consistently superior results and unsurpassed personalized attention, we make turning back time safe, easy and effective.

"We measure our success one client at a time!"

Ask us about Soft Lift!



Soft Lift is a full facial rejuvenation combining Botox (to treat upper facial lines) & Juvéderm (to treat volume loss & folds in the lower face).

This combination offers an instant, refreshed look after only a single treatment.



It's Not Your Mother's Skin Rejuvenation!

In the past, the only way to rejuvenate damaged skin was through highly invasive procedures like deep chemical peels and skin resurfacing. Although they produced excellent results, healing often took many weeks and side effects were common.

Technology has now evolved so that skin rejuvenation can now be performed quickly, easily and with minimal downtime. It's now possible to not only correct severe skin damage, but also improve moderately damaged skin and enhance the appearance of those with only mild skin problems.

During skin rejuvenation, laser energy from the Laser Genesis Nd:YAG laser is applied to the surface of the skin.

This stimulates the creation of new collagen, which in turn helps to even skin tone and texture, shrink pores, correct diffuse redness or rosacea, and minimize fine lines and wrinkles.

After a series of 2 to 4 treatments, skin appears softer, brighter and more supple. Many people say they feel younger and more confident after treatment.

To learn more about Laser Genesis, please visit our website at www.veinlase.com or call our office at 403-252-4410.

Sunetics Laser Hair Rejuvenation Increases Hair Density by 25%

Hair loss is an embarrassing problem for both men and women. But it doesn't have to be....low level laser therapy with the Sunetics system has been shown to increase hair density by approximately 25%.

These results are possible because laser energy stimulates the hair follicle, increasing the volume of red blood cells that deliver life-giving oxygen and nutrients to the hair bulb. This sets into motion a chain reaction of cellular events, increasing protein synthesis, cell division, tissue regeneration and micro-circulation of blood supplies.

The treatment program begins with an 8-week regimen of two 30-minute treatments per week, followed by one treatment per week for 16 weeks. This is followed by one visit every two weeks for the remainder of the 12-month therapy.

Laser hair rejuvenation is appropriate for both men and women of any age.





Calgary Vein & Laser offers a full line of advanced skin care products from Vivier Pharma.

Designed to help enhance professional treatment results and protect skin from damage, this medical-grade line includes Anti-Wrinkle Refreshing Toner, C & E Serum, Crème Facial Scrub, Daily Moisturizing Crème, SkinTx Serum C12 as well as skin kits for dry sensitive skin, hyperpigmentations, oily or acne prone skin, and redness relief.

During your complimentary consultation, we will analyze your skin and recommend products that will address your skin's unique needs.

Call for your appointment today!

515, 10333 Southport Rd. S.W.
Calgary, Alberta
T2W 3X6

(403) 252-4410

In our next issue:

**Calgary Vein & Laser
Introduces Our New
Fractional CO2 Laser for
Skin Rejuvenation**

Hormone Replacement Therapy, the Natural Way

Taking a natural approach to hormone replacement therapy involves using a variety of natural ingredients to create balance in everyday life. But no two women are alike.

Drs. Young & Wouters believe in a tailored approach for women over 45 who are seeking treatment in hormone management.

ESTROGEN

Estrogen is a fluctuating blend of three different hormones: Estrone, Estradiol and Estriol. Premarin provides only estrone, plus several other horse estrogens. Estrone has been linked to increased risk of breast cancer and endometrial cancer. Estriol, the gentler estrogen, is the preferred choice.

PROGESTERONE

Most conventional practitioners agree that it is important to also replace progesterone in order to reduce the risk of endometrial cancer. Progestins, such as Provera, are commonly prescribed. However, natural progesterone, unlike progestins, has few or no side effects.

DHEA

Dehydroepiandrosterone (DHEA) is an androgen important to both men and women. It is produced in the adrenals and helps protect against heart disease, cancer and degenerative diseases. DHEA levels peak at about age 25 and then decline steadily with age. DHEA supplementation can boost testosterone and estrogen levels.

TESTOSTERONE

Testosterone is also an androgen but is present in lower levels in women. In some women replacement can increase libido, improve bone density and muscle strength and protect against heart disease.

To learn more about natural hormone replacement therapy, please visit our website at www.veinlase.com or call our office at 403-252-4410.

